

# Ten Divine Principles for Living

Channeled by Karl Mollison

## 十个生活的神圣守则

卡尔·莫里森 传导

1. Uplift the self with no harm to others.

提升自己而不伤害他人

2. Uplift others with no harm to the self.

提升他人而不伤害自己

3. Honor the responsibility to family and to friends for the exchange of love, and fulfill commitments.

尊敬家庭和朋友间表达爱的责任，遵守诺言

4. Be honest in all transactions as a way of honoring the soul of the other party and one's own soul and its integrity.

在所有的交流中诚实，尊敬对方的灵魂，也尊敬自己的灵魂和正直

5. Share what you gain from your efforts with others in need, in a balanced way, to not harm

the self or loved ones, who rightfully have priority.

需要的时候，以平衡的方式与他人分享你的努力所得，而不伤害自己与所爱的人，他们拥有优先权。

6. Share love in everything you do, and be open for opportunities to give your love to others in as many ways as you can, through acts of kindness, giving thanks, being respectful, offering encouragement, and showing appreciation and gratitude for what you received from others as well.

在从事的每件事中分享爱，对任何给予爱的机会敞开，以善良，感激，尊重的方式，以鼓励的方式，并对所接受的爱表达感激。

7. Safeguard your soul to nurture its learning and growth, not at the expense of others but to meet your responsibility to be your soul's guardian, and take care of its safety and protection from harm.

守卫你的灵魂，滋养她的学习和成长，而不以他

人的利益为代价，这是你自己的责任，成为自己灵魂的守护者，保护她的安全。

8. Aid all others with their learning and growth, to understand their need for this as a birthright and an important part of life, and understand this does not represent the actions of an enemy, but fellow humans in need, and not meant to take away from you getting your share. In a world of love there is room for all. This is both a challenge and an opportunity。

帮助所有其他人学习和成长，理解他们的需求，因为这是天赋权力和生活的重要部分，理解个人需求不代表敌对的行为，而是人类同伴的需要，这不意味拿走你应得的部分。爱的世界能容纳所有人，这是挑战也是机会。

9. Healing and repair is the highest of priorities for the self, as no one else can see to this. It must come from within each person as a desire and a commitment to make the investment, to guarantee a happy future.

愈疗和修复是个人最优先的任务，因为其他人无法知道。这必需是每个人发自内心的愿望和承诺，

去付诸努力，以保证一个幸福的未来。

10. Honor the need of others to have healing and to see their, in part, as your responsibility and plight obligation as a fellow human, so you are sympathetic, and supportive, and understanding of the importance for them to have a pathway to healing in order to make up for losses and wounds to their soul, as all will be harmed when one suffers. You are in this together and share the responsibility for one another. No one is safe until all are safe. This is the true and quite profound meaning of the unity of the human family. You can make this a practice because it is not only an idea but a reality.

尊敬他人愈疗的需要，是你做为人类同伴的责任和誓约义务，所以你是有同情心的，支持并理解他们拥有一条通往愈疗的道路的重要性，以弥补修复他们灵魂的伤痛和损失，因为一个人的伤痛就是所有人的伤痛。你在其中，与其他人分担责任。没有人安全除非所有人安全。这是人类大家庭一体性真实和根本的含义。你可以实践它，因为它不仅是一个概念而是一个现实。